Spaceflight on the Bion-M1 Biosatellite Alters Cerebral Artery Vasomotor and Mechanical Properties in Mice

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Running Title: Spaceflight Alters Cerebral Artery Responsiveness

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ABSTRACT

Conditions during spaceflight, such as the loss of the head-to-foot gravity vector, are thought to potentially alter cerebral blood flow and vascular resistance. The purpose of the present study was to determine the effects of long-term spaceflight on the functional, mechanical and structural properties of cerebral arteries. Male C57BL/6N mice were flown 30-d in a Bion-M1 biosatellite. Basilar arteries isolated from spaceflight (SF, n = 6), habitat control (HC, n = 6) and vivarium control (VC, n = 16) mice were used for in vitro functional and mechanical testing and histological structural analysis. The results demonstrate that vasoconstriction elicited through a voltage-gated Ca$^{2+}$ mechanism (30-80 mM KCl) and thromboxane A$_2$ receptors ($10^{-8}$ - $3x10^{-5}$ M U46619) are lower in cerebral arteries from SF mice. Inhibition of Rho-kinase activity (1 µM Y27632) abolished group differences in U46619-evoked contractions. Endothelium-dependent vasodilation elicited by acetylcholine (10 µM, 2 µM U46619 preconstriction) was virtually absent in cerebral arteries from SF mice. The pressure-diameter relation was lower in arteries from SF mice relative to that in HC mice, which was not related to differences in the extracellular matrix protein elastin or collagen content or the elastin/collagen ratio in the basilar arteries. Diameter, medial wall thickness and medial cross-sectional area of unpressurized basilar arteries were not different among groups. These results suggest that the microgravity-induced attenuation of both vasoconstrictor and vasodilator properties may limit the range of vascular control of cerebral perfusion or impair the distribution of brain blood flow during periods of stress.

Key Words: microgravity, vasoconstriction, endothelium-dependent vasodilation, brain blood flow
INTRODUCTION

Travel and habitation in a microgravity environment represents a unique environmental stress to fluid homeostasis in the body. It has long been thought that the redistribution of fluids and fluid pressures within the cardiovascular system induce adaptations in cardiac and vascular structure and function, but that these adaptations posed no immediate in-flight health risk to cosmonauts and astronauts. However, recently reported changes in visual acuity among astronauts (2, 31, 36) has led to speculation that the fluid pressure redistribution in space and increases in intracranial pressure may be related to the development of this condition.

Spaceflight-induced increases in intracranial pressure could occur through several mechanisms, including elevations in arterial, venous, and cerebrospinal fluid pressures as these fluids undergo a cephalad shift with the loss of the head-to-foot gravity vector present on Earth. Although cerebral arterial pressure is thought to increase 20-30 mmHg in a microgravity environment (62), this pressure rise has been presumed to be offset by mechanisms of cerebral autoregulation to maintain cerebral blood flow, blood volume and fluid filtration into the cranium at levels near that occurring on Earth (10, 62).

The concept that cerebral perfusion remains unaltered during spaceflight has been challenged by results from the first study to examine isolated cerebral arteries from mice flown for 2 wk on the Space Shuttle (54). These data demonstrated that myogenic vasoconstrictor responses were diminished in basilar arteries from the shuttle mice, and that these arteries were mechanically less stiff and more distensible, resulting in larger intraluminal diameters across a range of physiological pressures. Although vasoconstrictor responses elicited through other mechanisms were not investigated, the finding of diminished myogenic vasoconstrictor tone was contrary to the enhanced vasoconstrictor responsiveness of cerebral arteries through a variety of mechanisms in head-down tail-suspended rats (16, 18, 64, 71), a ground-based rodent model to
simulate microgravity-induced cephalad fluid shifts (12, 20, 38, 45). Based on these findings, the authors hypothesized that microgravity represents a unique environmental stress whereby the cerebral circulation is not adequately modeled with ground-based simulations (54).

Using a 30-day mission on the Bion-M1 satellite, the purpose of the present study was, 1) to define whether longer duration spaceflight diminishes vasoconstrictor responses and alters the mechanical behavior of mouse cerebral arteries, 2) to extend these observations to examine possible mechanisms for putative changes in vasoconstrictor responsiveness and mechanical properties, and 3) to determine whether spaceflight alters endothelium-dependent vasodilation of cerebral arteries. We hypothesized that vasoconstrictor responses acting through non-receptor (voltage-gated Ca\textsuperscript{2+} channels) and receptor (thromboxane A\textsubscript{2}) mechanisms will be diminished in cerebral arteries from spaceflight (SF) mice relative to that in habitat control (HC) and vivarium control (VC) animals, and that cerebral arteries from SF mice will demonstrate greater distensibility and a corresponding increase in the elastin/collagen ratio. And finally, based on the results of Zuj et al. (74) indicating a diminished endothelium-dependent vasodilation of cerebral arteries in astronauts, we hypothesized that endothelium-dependent vasodilation will be attenuated in cerebral arteries from SF mice.

MATERIALS AND METHODS

All experimental procedures of the Bion-M1 project were approved by the Biomedical Ethics Committee of the Russian Federation State Research Center Institute for Biomedical Problems (IBMP), Russian Academy of Sciences (protocol № 319), and the Institutional Animal Care and Use Committee at the National Aeronautics and Space Administration (NASA), and conformed to the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (Eight edition, 2011).
Animals

Pathogenic free male C57BL/6N mice were obtained from the Animal Breeding Facility-Branch of Shemyakin & Ovchinnikov Institute of Bioorganic Chemistry, Pushchino, Moscow Region, Russia. In total, four groups of mice were used: spaceflight group (SF, \( n=6 \)), habitat control group (HC, \( n=6 \)), and two vivarium control groups (VC, \( n=8 \) for each). All groups were age-matched and the animals were 19-20 wk old at the time the experiments were conducted.

The SF mice were maintained on 12h light-dark cycle and provided paste-like diet containing 74.6% of H\(_2\)O (Table 1) 2 wk prior to launch. One wk prior to launch the mice were shipped to the Baikonur Cosmodrome in Kazakhstan. Three days prior to launch the mice were placed in the cylindrical animal module habitats (diameter 98 mm, length 200 mm, approximated volume 1700 sm\(^3\)), 3 animals/habitat. On April 19\(^{th} \), 2013, the Bion-M1 biosatellite was launched into orbit via a Soyuz 2-1a rocket from the Baikonur Cosmodrome. The Bion-M1 capsule flew a 30 day mission and landed in the Orenburg region of Russia. Recovery personnel retrieved the animal module habitats from the biosatellite and initial health inspections were performed onsite in a field laboratory. The SF mice were then flown to Moscow, Russia, and transported to the IMBP. The animals were sacrificed 13-15 hr after landing by cervical dislocation under the supervision of a NASA veterinarian. The brain was removed from the cranium and placed in cold (+4ºC) physiological salt solution (PSS). Basilar arteries were dissected from the brain and placed in cold PSS until being mounted for in vitro experimentation.

The VC groups were housed in a specific pathogen free-category vivarium, maintained on 12h light-dark cycle and provided standard mice chow and water ad libitum. Mice in the first VC group were sacrificed 2 d following experiments with the SF mice. Methods of euthanasia, brain dissection, and basilar artery isolation and experimentation were performed identically to that of the SF group.
Following post-landing recovery of the animal module habitats from the Bion-M1 capsule, the habitats were refurbished and readied for housing the HC mice. Housing the HC mice in the animal module habitats was started on July 26th, 2013, and lasted for 30 days. Environmental conditions (i.e., temperature, relative humidity, and partial pressure of oxygen (pO$_2$) and carbon dioxide (pCO$_2$)), which were continuously recorded during the Bion-M1 mission, and food content and delivery were replicated on the ground for the HC group. All experimental procedures conducted on SF animals and the first VC group were duplicated on HC animals and the second VC group.

The detailed description of housing conditions and environmental parameters in flight, control experiments and the vivarium have been described by Andreev-Andrievskiy and coworkers (3).

Vasomotor experiments

Segments (1-2 mm length) from the rostral portion of the basilar artery were cut and mounted on two 40 µm stainless steel wires that were connected to a force transducer myograph (DMT, Denmark, Model 410A) and micrometer microdrive for recording of isometric force under precisely controlled wall stretch. Force was recorded at 10 Hz on a PC computer using 14-140M ADC (L-card, Russia) and Powergraph 3.3 software (DISoft, Russia). After mounting, the segment length was measured and the arteries were allowed to equilibrate in PSS for 30 minutes while the myograph was heated to 37°C. Throughout the experiment, PSS in the myograph vessel chambers was bubbled with a gas mixture (95% O$_2$, 5% CO$_2$) to maintain pH at 7.4.

Initially the dependence of wall tension on wall internal circumference for the relaxed preparation (passive length-tension relation) was determined (see Data and statistical analysis) from which the diameter, $d_{100}$, was estimated from when the vessel is relaxed and subjected to a
transmural pressure of 100 mmHg. The vessels were then set to 0.9 $d_{100}$, where maximal
contraction is developed (41).

The basilar arteries were then activated once with 60 mM KCl and then constricted twice
with submaximal concentration of U46619 (2 µM), a thromboxane A$_2$ receptor agonist, which
demonstrated reproducible vasoconstrictor response; the bathing solution was replaced three to
four times between vasoconstrictor responses and tension returned to baseline levels. During the
second contractile response to U46619, a bolus dose of 10 µM acetylcholine was added to the
vessel chamber to evaluate endothelium-dependent relaxation. These procedures were followed
by a 15 min equilibration period when no vasoconstrictor or vasodilator substances were present
in the bathing medium; during this period the bathing solution was changed four times. A dose
response to KCl was then performed by changing the bathing solution every 3 min with solutions
containing increasing concentrations of KCl (30 mM to 80 mM) to determine the effects of
spaceflight on the cerebral artery contractile responses to smooth muscle depolarization. Then
the bathing solution was replaced four times every 3 min and the responsiveness of the basilar
arteries to the cumulative addition of U46619 was determined. Finally, the bathing solution was
similarly replaced four times every 3 min and the Rho-kinase inhibitor Y27632 (1 µM) was then
placed in the bathing solution for 15 min; a second U46619 dose-response was then performed in
the presence of Y27632. Preliminary experiments showed that 1µM Y27632 suppressed agonist-
induced constriction by about two fold (data not shown), while greater concentrations of the
inhibitor (3µM) abolish the constriction, similar to that previously reported for murine cerebral
arteries (17).

Vascular structure and elastin-collagen content

Artery segments were placed in PSS containing $10^{-4}$ M sodium nitroprusside to induce
smooth muscle relaxation for 15 min. The segments were then fixed in Bouin’s solution, placed
in optimal cutting temperature (OCT) compound, and stored at -80°C. Five µm thick
cryosections were cut for analysis of elastin and collagen. Sections were stained with Verhoeff-
vан Gieson (VVG; Scytek Laboratories, ETS-1) for elastin (Verhoeff) and collagen (van Gieson)
(22). Elastin and collagen measurements were determined via a color threshold in MATLAB
(Mathworks Inc., Natick, MA). A total pixel measurement for each vessel was done via Image J
using a set threshold for all images. Intraluminal circumference and outer medial circumference
were measured from each vessel cross-section and modeled as concentric circles. Media wall
thickness was calculated as the difference between the outer and inner radii and media cross-
sectional area as the difference between the outer and inner area.

**Solutions and drugs**

PSS contained (in mM): 120 NaCl, 26 NaHCO₃, 4.5 KCl, 1.6 CaCl₂, 1 MgSO₄, 1.2
NaH₂PO₄, 5.5 D-glucose, 0.025 EDTA and 5 HEPES with pH 7.4. Isotonic high-KCl solutions
were prepared by equimolar substitution of NaCl to KCl. Acetylcholine (A6625; Sigma) and
Y27632 (688000; Calbiochem) were dissolved in distilled water; U46619 (16450; Cayman
Chemical) stock solution was prepared in dimethylsulphoxide.

**Data and statistical analysis**

*Calculation of passive pressure-diameter response.* The vessel was stretched in stepwise
manner and at the end of each step (3 min after the stretching) force value was recorded and then
recalculated into wall tension: \( T = F/2l \), where \( T \) is the tension (N/m), \( F \) is force (mN), and \( l \) is
the vessel segment length (mm). Transmural pressure values were calculated by using Laplace
equation: \( P = T/r = T/(IC/2\pi) \), where \( r \) is the inner radius of vessel segment and \( P \) is the
transmural pressure. Vessel diameter \( (d) \) values were obtained from internal circumference \( (IC) \),
which was calculated at each step from the wires diameter (40µm) and the distance between them \(a\): \[ IC = \pi \times 40 + 2 \times 40 + 2a \]. Obtained values were plotted in coordinates \(d=f(P)\) and approximated using exponential equation: \[ P = P_0 \times \exp(k \times IC) \], where \(P_0\) is the value of \(P\) when wires touch and \(k\) is the rate constant. Using this \(k\) constant, vessel diameter values were calculated in the range from 40 mmHg to 100 mmHg with 10-mmHg steps.

**Statistical analysis.** All dose-response relations are presented as active tension (N/m) or the percent of maximal force. To estimate the sensitivity of basilar arteries to U46619, \(pD_2\) (negative logarithm of U46619 concentration that produced 50% of the maximal vasoconstrictor response) was calculated in Graphpad Prism (San Diego, CA). Responses from the first and second VC groups were compared using a Repeated Measures ANOVA. Since no differences were observed, data from the two VC groups were pooled \((n=16)\) for subsequent data analysis. Agonist dose-response curves between groups were analyzed using Repeated Measures ANOVA \((SF \ vs. \ HC \ and \ SF \ vs. \ VC)\). Relaxation to acetylcholine was calculated as the percent relaxation from the pre-constricted value elicited by 2 μM U46619. The significance of differences in relaxation responses, body weights, muscle weights and segment lengths among groups \((SF, HC\ and \ VC)\) were analyzed using One-Way ANOVA followed by a Bonferroni post hoc test. Differences were considered significant at \(P < 0.05\). All values are means ± SEM, \(n\) is the number of animals per group.

**RESULTS**

**Animal and muscle characteristics**

Pre-flight and post-flight body masses did not differ among groups (Table 2). Absolute and relative soleus and gastrocnemius muscle masses were lower post-flight in SF mice relative
to that in HC and VC animals (Table 2), thus confirming the influence of the weightless environment during spaceflight.

Vessel characteristics

The axial length of basilar artery segments used for in vitro experimentation did not differ among the three groups (SF: \(1.55 \pm 0.18\) mm, HC: \(1.58 \pm 0.15\) mm, VC: \(1.48 \pm 0.11\) mm). Based on measures from histological sections of unpressurized basilar arteries, diameter (SF: \(159 \pm 20\) µm, HC: \(181 \pm 23\) µm, VC: \(174 \pm 20\) µm), medial wall thickness (SF: \(107 \pm 20\) µm, HC: \(80 \pm 13\) µm, VC: \(93 \pm 15\) µm) and medial cross-sectional area (SF: \(98,102 \pm 27,344\) µm\(^2\), HC: \(80,922 \pm 15,351\) µm\(^2\), VC: \(92,539 \pm 23,056\) µm\(^2\)) were not different among groups.

Contractile responses

The basilar artery contractile responses elicited by KCl from SF mice were lower in comparison to that in HC and VC mice (Fig. 1A). When contractile responses to KCl were normalized to the response at the maximal concentration of KCl (80 mM), there were no differences in the sensitivity of responses to KCl between SF and control groups (Fig. 1B).

Contractile responses elicited through the thromboxane A\(_2\) receptor agonist U46619 were also lower in arteries from the SF group compared to that in the HC and VC groups (Fig. 2A). Arterial sensitivity to U46619, however, did not change with spaceflight, as indicated by the lack of difference in pD2 values between SF (\(6.39 \pm 0.08\)) and HC (\(6.56 \pm 0.06\)) or VC (\(6.41 \pm 0.10\)) groups. In the presence of the Rho-kinase inhibitor Y27632, the maximal contractile response to U46619 was \(~50\%\) lower in all groups. Importantly, the Rho-kinase inhibition eliminated the between-group differences in the responses to U46619 (Fig. 2B).

Endothelium-dependent relaxation
To evaluate the influence of spaceflight on endothelium-dependent vasodilation of cerebral arteries, responses of basilar arteries to acetylcholine were compared. Acetylcholine evoked a robust relaxation of basilar arteries from the HC and VC groups, while acetylcholine-mediated relaxation was virtually absent in cerebral arteries from SF mice (Fig. 3).

**Vessel mechanics**

The passive pressure-diameter characteristics of the basilar arteries appeared to be altered by spaceflight (Fig. 4). The inner diameter of basilar arteries was not different between SF and VC groups. Inner diameter was smaller in basilar arteries from SF mice relative to that in HC mice across the range of transmural pressures, although this did not reach statistical significance \( (P=0.076) \). Basilar artery elastin content did not differ among groups (Fig. 5A), whereas the collagen content was greater in arteries from VC mice relative to that in HC and SF animals (Fig. 5B). The elastin/collagen ratio did not differ among groups (Fig. 5C).

**DISCUSSION**

A previous study has shown that a 13-d flight on the Space Shuttle resulted in diminished myogenic vasoconstrictor responsiveness and a decrease in mechanical stiffness of mouse cerebral arteries (54). The primary purpose of the present study was to determine whether a 30-day mission on the Bion-M1 biosatellite diminishes vasoconstrictor responses acting through different mechanisms. The results demonstrate that vasoconstriction elicited through a non-receptor, voltage-gated Ca\(^{2+}\) mechanism (Fig. 1A) and the thromboxane A\(_2\) receptor pathway (Fig. 2A) are diminished in cerebral arteries from SF mice. Furthermore, inhibition of Rho-kinase activity (Fig. 2B) indicates that this signaling pathway is involved in the spaceflight-induced impairment of vasoconstrictor responsiveness. Second, the data demonstrate that
endothelium-dependent vasodilation is impaired in cerebral arteries from SF mice (Fig 3). Finally, based on previous results that flight on the Space Shuttle reduced cerebral artery stiffness and increased vascular distensibility (54), we hypothesized that the cerebral arteries from the Bion-M1 mice will demonstrate greater distensibility and a corresponding increase in the elastin/collagen ratio. Contrary to our hypothesis, cerebral arteries from SF mice were less distensible than those from HC mice (Fig 4) and the elastin/collagen ratio did not change with spaceflight (Fig 5C). These findings suggest that mission duration or environmental factors other than microgravity may modulate alterations in cerebral artery mechanical properties during spaceflight.

**Vasoconstriction**

Cerebral blood flow is regulated through a variety of factors that affect the contractile state of vascular smooth muscle cells in cerebral arteries (1, 27, 60). One of these factors is the inherent ability of smooth muscle cells to respond to increases (contraction) and decreases (relaxation) in intravascular (transmural) pressure (14, 61). It is this intrinsic myogenic mechanism of cerebral resistance arteries that largely maintains a constant cerebral blood flow under circumstances of changing intravascular pressure (14, 61). Without such a mechanism, excessive cerebral blood flow and pressure through the microcirculation could rupture small cerebral blood vessels and disrupt the blood-brain barrier (61), such as is thought to occur when the head-to-foot gravity vector on Earth is no longer present (10, 33). The intrinsic tone of cerebral arteries can also be modulated through the influence of extrinsic factors, such as locally released or circulating vasoactive substances (1, 27, 60, 61), which can consequently impact autoregulation of cerebral perfusion. In particular, thromboxane A2 synthesis and its influence on the myogenic tone of cerebral arteries has been observed under normal physiological conditions (19, 55), as well as in various cerebrovascular pathologies (1, 60).
The collective findings from the STS-135 shuttle and Bion-M1 biosatellite missions demonstrate that spaceflight impairs cerebral artery smooth muscle contraction through the myogenic stretch-sensing mechanism (54), the thromboxane A$_2$-receptor-mediated mechanism, and the non-receptor voltage-gated Ca$^{2+}$-channel mechanism. Both the myogenic and U46619 mediated vasoconstriction of cerebral arteries have been shown to function in part through the RhoA/Rho-kinase signaling pathway (37, 42, 61). Thus, results from the present study demonstrating inhibition of Rho-kinase eliminates differences in vasoconstriction between SF and control groups suggests that a mechanism for diminished cerebral artery smooth muscle contraction during spaceflight is a reduced Ca$^{2+}$ sensitivity through the RhoA/Rho-kinase signaling pathway.

It is not apparent, however, that impairment of the RhoA/Rho-kinase mechanism of smooth muscle contraction is the only pathway adversely affected in cerebral arteries by microgravity. This notion is based on several observations. First, KCl-induced vasoconstriction is also impaired by spaceflight (Fig. 1A). KCl is primarily thought to elicit cerebral artery smooth muscle contraction through the Ca$^{2+}$-calmodulin/myosin light chain kinase signaling mechanism without involvement of the RhoA/Rho-kinase pathway (14, 37); the Rho-kinase inhibitor Y27632 does not affect KCl-induced response of murine basilar artery (17). Second, spaceflight has been shown to impair the ryanodine receptor-mediated intracellular Ca$^{2+}$-release mechanism in peripheral arteries and veins (11, 13, 51). If such impairment of the Ca$^{2+}$-induced Ca$^{2+}$ release mechanism occurs in cerebral arteries, this could account for the diminished KCl-mediated vasoconstriction in the SF mice. Further research will be needed to determine whether other mechanisms of smooth muscle contraction besides the Rho-kinase signaling pathway are impaired in cerebral arteries with spaceflight.

Vessel wall structure and mechanics
Other factors could also contribute to the diminished vasoconstriction of cerebral arteries, including the remodeling of vessel structure and alterations in the arterial wall mechanical properties. Neither changes in medial wall thickness nor medial cross-sectional area were found to occur in the present study, indicating changes in the gross structural properties of cerebral arteries do not appear to underlie the contractile deficit. The pressure-diameter relation of cerebral arteries was, however, lower in SF mice relative to that in HC animals. Such an apparent increase in vascular stiffness could impair vasoconstrictor responsiveness of cerebral arteries. This change in cerebral artery wall mechanics in SF mice does not appear to be related to a decrease in elastin content, an increase in collagen content, or a decrease in the elastin/collagen ratio. Thus, alterations in the content of extracellular matrix proteins do not appear to account for the changes in the mechanical properties of cerebral arteries with spaceflight.

Although results from the present study demonstrate a decrease in the pressure-diameter relation with spaceflight, previous work with mice flown on the Space Shuttle show the effective elastic modulus and stiffness of cerebral arteries is reduced with spaceflight while vascular distensibility in the form of the pressure-diameter relation was increased (54). Several factors may account for these divergent results between studies, including the sex and age of the animals studied, time in space, and environmental factors other than microgravity. Considering sex and age, although differences in these variables existed between the groups of mice studied from the Space Shuttle and Bion-M1 missions (shuttle: 11-wk old female C57BL/6 mice; Bion-M1: 19-20-wk old male C57BL/6N mice), further research is needed to determine whether animal sex or such age differences are sufficient to drive adaptation of cerebral artery mechanical properties in opposite directions.

A second possibility is the amount of time the animals spent in space. Animals in the present study were exposed to a microgravity environment for more than twice as long (30 d) as
the mice flown on the Space Shuttle (13 d). Evidence is available to suggest that changes in the properties of cerebral arteries could occur in a directionally opposite manner as the duration of spaceflight is extended. For example, Arbeille et al. (4) reported that cerebral vascular resistance in cosmonauts was lower than pre-flight levels after 15 and 18 days of flight on the Mir Space Station, but returned to preflight levels following 24 days of flight. Likewise, Arbeille and coworkers (6) reported middle cerebral artery blood flow velocity in cosmonauts was higher following 2-4 days and 2-3 weeks of spaceflight, but lower than preflight levels after 5-6 months of spaceflight. These data are consistent with the notion that for some as yet unknown reason the initial adaptation of cerebral arteries is to increase vascular distensibility, resulting in a lower cerebral vascular resistance and higher perfusion. However, with longer-duration flight, vascular distensibility is decreased and correspondingly cerebral perfusion is diminished.

A final possibility for the directionally different changes in vascular distensibility with spaceflight is that other environmental factor(s) existed which may cause different adaptations in the mechanical properties of cerebral arteries. For example, the pCO$_2$ in the Space Shuttle docked with the ISS (~2.5 mmHg) was approximately ten times that on Earth at sea level (0.23 mmHg) (2, 54). In contrast, the pCO$_2$ during the Bion-M1 mission (~0.01 mmHg) was approximately ten-fold lower than that at sea level (3). Because CO$_2$ is such a potent vasodilator in the cerebral circulation (26, 50, 66), chronic increases or decreases in the exposure of cerebral arteries to this vasoactive substance could conceivably affect its mechanical properties. Further study will be necessary to determine the specific impact of chronic changes in pCO$_2$ on cerebral artery mechanics.

Another environmental factor that could differentially affect cerebral artery mechanics (and function) is the level of exposure to space radiation (68). The Bion-M1 biosatellite flew at an altitude of 575 km and a 64.9 degree inclination, with the animals receiving a total radiation dose of between 32-72 mGy, depending on their cage placement in the biosatellite (53). This
resulted in a daily radiation exposure of 0.5-1.25 mGy/day (53). This level of exposure is approximately 6-fold higher than that occurring in the International Space Station, which orbits Earth at an altitude of approximately 400 km, and consequently represents the approximate dose that astronauts receive during a six month mission on the International Space Station. Thus, the total radiation dose to the Bion-M1 mice was likely much higher than that to the mice flown 13-d on the STS-135 Space Shuttle mission (54).

Regardless of the stimulus, a change in cerebral artery mechanics during spaceflight could have important consequences on cerebral perfusion, given that cerebral vascular resistance is a major determinant of cerebral blood flow and, according to Poiseuille’s Law, is predominantly determined by the diameter of resistance arteries. Thus, how factors during spaceflight affect the pressure-diameter relation of cerebral arteries could have a direct impact on cerebral blood flow and, consequently, intracranial pressure.

Vasodilatation

Little is known regarding the effects of spaceflight on the vasodilator properties of cerebral arteries. Zuj et al. (74) have reported that cerebral vascular reactivity to 10% inspired CO₂ was diminished in astronauts following a long duration stay on the ISS. Cerebral vascular reactivity to acutely inspired CO₂ has been suggested to reflect endothelium-dependent vasodilation through the nitric oxide (NO) signaling pathway (34, 35, 48). In mice, NO is also a key mediator of cerebral artery endothelium-dependent vasodilation (8). Thus, results from the present study of diminished endothelium-dependent vasodilation of the basilar artery provide corroboration of this finding in astronauts. It remains to be determined, however, whether the deficit in endothelium-dependent vasodilation is the result of impaired endothelial cell signaling or diminished smooth muscle cell relaxation to endothelium-derived relaxing factor(s). The present results are also consistent with studies of cerebral arteries isolated from head-down tail-suspended rats, a ground-based animal model to simulate microgravity, which have shown

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diminished endothelial NO synthase (NOS) protein expression (64) and impaired endothelium-dependent vasodilation through the NOS mechanism (44, 72, 73).

**Implications for cerebral blood flow regulation**

Based on results from the present study of diminished KCl and U46619-evoked cerebral artery vasoconstriction, as well as the previously reported reduction in myogenic vasoconstriction (54), one could surmise that cerebral perfusion is elevated during spaceflight. Indeed, flow-induced constriction, which is mediated through thromboxane A$_2$-receptors in cerebral arteries (55), and myogenic vasoconstriction are important determinants of cerebral autoregulation (29, 42, 55, 61). The notion of higher cerebral blood flow during spaceflight is further supported by results from a chronically instrumented rhesus monkey flown 5 days on the Cosmos 1514 biosatellite, where carotid flow velocity was elevated due to a significant reduction in vascular resistance (46). An additional line of evidence regarding the potential impact of cephalad fluid shifts on cerebral hemodynamics comes from the remodeling of the skull that occurs with spaceflight. In mice, rats and humans, skull bone volume (70) and mineral density (21, 32, 39) are increased with short duration flight on the Space Shuttle. In this non-load bearing bone, skeletal remodeling to increase bone density could be in response to increases in cerebral perfusion and consequent elevations in intracranial pressure (28, 57, 70).

Despite the evidence to infer elevations in brain blood flow during spaceflight, decrements in cerebral artery endothelium-dependent vasodilation and reductions in vascular distensibility suggest that the effects of spaceflight on cerebral blood flow may not be so clear, as also reflected by studies reporting increases (4, 6, 24, 25, 40, 43, 56, 59, 69), no change (5, 7, 74) or decreases (9, 74) in cerebral perfusion in astronauts and cosmonauts. What does seem apparent is that the range of the cerebral circulation to precisely regulate brain blood flow through vasoconstriction and vasodilation is impaired by spaceflight. Such changes in vascular control mechanisms may not only be reflected through changes in the magnitude of cerebral
blood flow, but may adversely impact the redistribution of cerebral blood during periods of stress, such as mental (63, 67), exercise (15, 23) and othostatic (47, 64) stress.

In considering whether spaceflight impacts regional distribution of cerebral blood flow, one question that arises is whether the effects of microgravity on basilar artery structure and function are limited to this specific cerebral artery or are indicative of changes occurring more globally in the cerebral circulation. Two lines of evidence suggest that the results found in the basilar artery are representative of a larger effect on cerebral arteries. First, in the only other study describing the effects of spaceflight on cerebral arteries, Taylor and coworkers (54) reported greater distensibility (passive pressure-diameter relation) in basilar arteries and reduced stiffness (load-displacement curve) in posterior communicating arteries from the same animals. These corresponding measures of the mechanical properties of cerebral arteries indicate a broad effect of microgravity on the cerebral circulation. Second, there are numerous studies demonstrating in head-down tail-suspended rats that changes in vascular structure (52, 64, 65), vasoconstrictor responsiveness (18, 52, 64, 71) and endothelium-dependent vasodilator responsiveness (44, 72, 73) similarly occur in basilar arteries and middle cerebral arteries. These studies collectively suggest that the effects of spaceflight on basilar artery structure and function may not be limited to only the vertebrobasilar regions of the brain.

In summary, results from the present study demonstrate for the first time that spaceflight diminishes KCl (Fig. 1A) and U46619-evoked (Fig. 2A) cerebral artery vasoconstriction. The reduction in the thromboxane A\(_2\)–receptor mediated vasoconstriction appears to occur through a reduced Ca\(^{2+}\) sensitivity mechanism via impairment in the Rho-kinase signaling pathway (Fig. 2B), whereas the reduced KCl-induced constriction likely occurs through some other as yet unknown mechanism. The results also demonstrate that endothelium-dependent vasodilation is attenuated by spaceflight (Fig. 3). Finally, in contrast to a previous report (54), the current results demonstrate that cerebral artery distensibility is attenuated by spaceflight (Fig. 4),
although this change in the mechanical properties of the cerebral artery does not appear to be related to the extracellular matrix protein content of the arterial wall (Fig. 5). Collectively, these data suggest that spaceflight impairs the ability of the cerebral circulation to precisely control brain blood flow. Further, we speculate that environmental conditions other than microgravity in the spacecraft may impact structural and functional adaptations of the cerebral arteries. For example, CO₂, which is a potent cerebral vasodilator (26, 50, 66) and is known to interact with cerebral autoregulation to elevate intracranial pressure (30, 49, 58), as well as space radiation (68), could account for some of the variability observed with spaceflight-induced alterations in cerebral artery mechanics and astronaut and cosmonaut brain blood flow. Additional research will be required to determine the specific impact of these environmental factors, and whether they contribute to putative elevations in intracranial pressure among astronauts and cosmonauts (2, 31, 36).
DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

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AUTHOR CONTRIBUTIONS

Conception and design of experiments: SIS, OST, OLV and MDD. Collection, analysis and interpretation of data: SIS, OST, DG, AAB, BJB, JNS, DJM, JJM, MH, JMMD, OLV and MDD. Drafting manuscript and revising for important intellectual content: SIS, OST, DG, AAB, BJB, JNS, DJM, JJM, MH, JMMD, OLV and MDD.
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Polk JD. Optic disc edema, globe flattening, choroidal folds, and hyperopic shifts observed in astronauts after long-duration space flight. *Ophthalmology* **118**: 2058-2069, 2011.


Table 1. Food composition for spaceflight and habitat control mice.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>In 100g of wet food</th>
<th>In 100g of dry food</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water content, %</td>
<td>74.6</td>
<td></td>
</tr>
<tr>
<td>Crude protein, %</td>
<td>11.3 ± 0.4</td>
<td>44.5</td>
</tr>
<tr>
<td>Carbohydrates, %</td>
<td>8.8 ± 0.7</td>
<td>34.6</td>
</tr>
<tr>
<td>Ash, %</td>
<td>2.4 ± 0.2</td>
<td>9.4</td>
</tr>
<tr>
<td>Calcium, %</td>
<td>0.58 ± 0.006</td>
<td>2.28</td>
</tr>
<tr>
<td>Magnesium, mg/kg</td>
<td>707 ± 7.0</td>
<td>2783.4</td>
</tr>
<tr>
<td>Potassium, mg/kg</td>
<td>256.8 ± 25.7</td>
<td>1011.0</td>
</tr>
<tr>
<td>Zinc, mg/kg</td>
<td>0.93 ± 0.09</td>
<td>3.66</td>
</tr>
<tr>
<td>Phosphorus, mg/kg</td>
<td>0.035</td>
<td>0.14</td>
</tr>
<tr>
<td>Iron, mg/kg</td>
<td>14.27</td>
<td>56.18</td>
</tr>
<tr>
<td>Vitamin A, mg/kg</td>
<td>0.205</td>
<td>0.81</td>
</tr>
<tr>
<td>Vitamin D, mg/kg</td>
<td>0.16</td>
<td>0.06</td>
</tr>
<tr>
<td>Vitamin E, mg/kg</td>
<td>1.18</td>
<td>4.65</td>
</tr>
<tr>
<td>Vitamin B₁, mg/kg</td>
<td>0.28</td>
<td>1.10</td>
</tr>
<tr>
<td>Vitamin B₂, mg/kg</td>
<td>0.8</td>
<td>3.15</td>
</tr>
<tr>
<td>Vitamin B₆, mg/kg</td>
<td>0.64</td>
<td>25.2</td>
</tr>
<tr>
<td>Vitamin K₃, mg/kg</td>
<td>1.42</td>
<td>5.59</td>
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<tr>
<td>Lysine, %</td>
<td>0.6</td>
<td>2.36</td>
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<tr>
<td>Methionine + Cystine, %</td>
<td>0.37</td>
<td>1.46</td>
</tr>
<tr>
<td>Tryptophan, %</td>
<td>0.07</td>
<td>0.28</td>
</tr>
<tr>
<td>Energy value, kcal</td>
<td></td>
<td>361.4</td>
</tr>
</tbody>
</table>

Table 2. Body and muscle mass characteristics.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>SF</th>
<th>HC</th>
<th>VC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-flight body mass, g</td>
<td>26.8 ± 0.5</td>
<td>27.8 ± 1.4</td>
<td>28.0 ± 0.5</td>
</tr>
<tr>
<td>Post-flight body mass, g</td>
<td>29.4 ± 1.7</td>
<td>30.7 ± 0.7</td>
<td>28.7 ± 0.5</td>
</tr>
<tr>
<td>Soleus muscle, mg</td>
<td>7.2 ± 0.3*</td>
<td>10.2 ± 0.4</td>
<td>9.6 ± 0.4</td>
</tr>
<tr>
<td>Gastrocnemius muscle, mg</td>
<td>119 ± 5*</td>
<td>157 ± 4</td>
<td>156 ± 3</td>
</tr>
<tr>
<td>Soleus muscle mass-to-body mass ratio, mg/g</td>
<td>0.25 ± 0.01*</td>
<td>0.34 ± 0.01</td>
<td>0.33 ± 0.01</td>
</tr>
<tr>
<td>Gastrocnemius muscle mass-to-body mass ratio, mg/g</td>
<td>4.09 ± 0.15*</td>
<td>5.29 ± 0.13</td>
<td>5.44 ± 0.12</td>
</tr>
</tbody>
</table>

Values are means ± SEM for spaceflight (SF, n = 6) habitat control (HC, n = 6) and vivarium control (VC, n = 16) mice. n equals the number of animals studied. *SF group mean different from both HC and VC group means (P < 0.05, one-way ANOVA with Bonferroni post-hoc test).
Figure Legends

Fig. 1. Effects of spaceflight on contractile responses to KCl in basilar arteries from habitat control (HC), vivarium control (VC) and 30-d Bion-M1 spaceflight (SF) mice. A: KCl concentration-active tension relations of basilar arteries. B: Responses to different concentrations of KCl in percentage from 80mM KCl response. Values are means ± SEM, n = number of animals studied. *P < 0.05 between groups.

Fig. 2. Effects of spaceflight on contractile responses to thromboxane receptor agonist U46619 in basilar arteries from habitat control (HC), vivarium control (VC) and 30-d Bion-M1 spaceflight (SF) mice. A: Concentration- active tension relations of basilar arteries to U46619. B: Concentration-response relations in the presence of Rho-kinase inhibitor Y27632 (1 μM). Inhibition of Rho-kinase led to significant reduction of contractile responses and eliminated the between-group differences. Values are means ± SEM, n = number of animals studied. *P < 0.05 between groups.

Fig. 3. Maximum relaxation responses of basilar arteries from habitat control (HC), vivarium control (VC) and 30-d Bion-M1 spaceflight (SF) mice to endothelium stimulation with 10 μM acetylcholine. The responses to acetylcholine are given as the percent relaxation of the 2 μM U46619-induced preconstriction. Values are means ± SEM, n = number of animals studied. *P < 0.05 vs. spaceflight group.

Fig. 4. Passive pressure-diameter responses to increases in transmural pressure in basilar arteries from habitat control (HC), vivarium control (VC) and 30-d Bion-M1 spaceflight (SF) mice. Values are means ± SEM, n = number of animals studied. †P=0.076 between SF and HC groups.

Fig. 5. Effects of spaceflight on basilar artery extracellular matrix proteins: elastin (A), collagen (B), and the elastin/collagen ratio (C). Values are means ± SEM, n = number of animals studied. *P < 0.05 vs. spaceflight group.
Figure 1

A

Active Tension (N/m) vs. [KCl] (mM)

SF (n=6) vs. HC (n=6) vs. VC (n=16)

B

Force (% from 80mM) vs. [KCl] (mM)

SF (n=6) vs. HC (n=6) vs. VC (n=16)
Figure 2

A

![Graph A](image1)

- SF (n=6)
- HC (n=6)
- VC (n=16)

B

![Graph B](image2)

- SF (n=6)
- HC (n=6)
- VC (n=16)

Active Tension (N/m)

log[U46619] (M)
Figure 3

![Graph showing relaxation (%)]

- **SF (n=6)**
- **HC (n=6)**
- **VC (n=16)**

*Note: Bars indicate statistical significance.*
Figure 4
Figure 5

A

Elastin (\%)

SF (n=5)  HC (n=6)  VC (n=10)

B

Collagen (\%)

SF (n=5)  HC (n=6)  VC (n=10)

C

Elastin/Collagen Ratio

SF (n=5)  HC (n=6)  VC (n=10)