The Journal of Applied Physiology (ISSN-8750-7587) is published monthly (two volumes per year) by the American Physiological Society, 9650 Rockville Pike, Bethesda, MD 20814-3991 and online at www.jap.org (ISSN 1522-1601). Subscription Prices (postpaid). Institutional (print and online): $1,165, US; $1,515, Canada & Mexico; $1,540, elsewhere. Individual (print only): $545, US; $1,100, Canada & Mexico; $1,190, elsewhere. Nonmember individual (print and online): $505, US; $1,005, Canada & Mexico; $1,045, elsewhere. Nonmember institutional (print only): $495, US; $1,045, Canada & Mexico; $1,095, elsewhere. Subscriptions from outside the United States are payable in US currency or full equivalent. Subscriptions are accepted on a calendar-year basis only. Single copies: Back Issues. When available, subscriber, $65; nonsubscriber, $130 each postpaid. Periodicals postage paid at Bethesda, MD and at additional mailing offices. POSTMASTER: Send address changes to the Journal of Applied Physiology, 9650 Rockville Pike, Bethesda, MD 20814-3991. Copyright © 2011 by the American Physiological Society. The appearance of advertising in this journal is not an endorsement, or approval of the products or their safety. The American Physiological Society disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in any article or advertisement.

Change of Address: The Journal must be addressed of a change of address at least 6 weeks prior to date of issue, with both the subscriber’s old and new address given. Undelivered copies resulting from address change will not be replaced.

Editorial and Business Correspondence: Journal of Applied Physiology, 9650 Rockville Pike, Bethesda, MD 20814-3991.

Disclaimer: The statements and opinions contained in the articles of Journal of Applied Physiology are solely those of the individual authors and contributors and not of the American Physiological Society. The appearance of advertisements in the journal is not a warranty, endorsement, or approval of the products or their safety. The American Physiological Society disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in any article or advertisement.