Last Word on Point: Counterpoint “The lactate paradox does/does not occur during exercise at high altitude”

John B. West

To the Editor: The responses to the Point: Counterpoint debate (1) seem to be overwhelmingly in favor of the Point, that is, that the lactate paradox does exist. However, a more important question from a physiological point of view is why it exists and under what conditions. Although this was not the subject of the debate, it remains an intriguing issue.

REFERENCES